
MERCY ATHLETIC CODE OF CONDUCT

When representing Mercy High School in athletic competition, the general appearance, conduct and dress must be such as to bring credit to the athlete, the team and the school Community. The privilege of being on an athletic team carries with it the responsibilities of setting a good example in ALL school activities and functions.

As an athlete it is very important that you familiarize yourself with the following rules and regulations. **ATHLETES ARE RESPONSIBLE FOR THEIR OWN BEHAVIOR!** Failure to comply with any of these rules will result in appropriate sanctions by the Coach, Athletic Director and/or Administration.

THE ATHLETIC DEPARTMENT EXPECTS THAT ALL ATHLETES UPHOLD THE PRIDE AND HONOR OF BEING ON AN ATHLETIC TEAM AT MERCY HIGH SCHOOL.

TRY OUTS

Any student wishing to tryout for any athletic team will be required to have a recent MHSAA-form physical on file with the Athletic Department before the tryout. ONLY MHSAA-form physical examinations given on or after April 15th of the previous school year will be acceptable.

Any student wishing to participate on an athletic team must have a minimum 2.0 cumulative G.P.A. before she will be able to tryout, and must maintain or exceed this minimum throughout the season.

Transfer students need to check with the Coach or Athletic Director regarding their status. This must be done prior to tryouts.

Each athlete is required to have paid a participation fee and properly completed the following forms in order to play:

- Transportation Form
- Release of Liability Form
- Emergency Card
- MHSAA Physical Card (available from Mercy High School and the Mercy Athletics website (<http://www.mhsmi.org/athletics/index.html>))

IN-SEASON COMPORTMENT

All student-athletes must obey the rules and regulations of Mercy High School. Any infraction of school rules and regulations will be dealt with by administration.

All student-athletes must follow team rules and regulations.

The student-athlete must abide by the training regulations of the coach and athletic department.

A student-athlete must be in school on days of practice and/or competition before 10:10 a.m. and can leave no earlier than 12:30 p.m. in order to participate that day.

****Exception- school field trips, funerals, doctor/dentist appointments, special schedules. Advanced notice from the proper school authorities is required for all school-related exceptions (i.e., When a student attends a Kairos retreat, the Pastoral Ministries team sends a school-wide email listing participants). Written confirmation of appointments from medical services is due to the Attendance Office upon the student-athlete's return to school.****

In case of injury, the athlete must present a signed and dated doctor's note to the Athletic Trainer before being able to participate.

Any team ordering sweat suits, sweatshirts, t-shirts or other spirit wear, must have prior approval from the Athletic Director.

Only the following colors are allowed: Maroon, gold, white, gray, black.

All athletes will address coaches properly. Mr., Mrs., Ms. or Coach will be used.

It is the responsibility of all student-athletes to participate in activity classes, such as gym and swim on game days.

All book bags and personal belongings are to be left in the locker room, not on the floor, not in the Gym or hallway. Lock up personal belongings in the lockers.

All athletes must change clothes in the locker room. Anyone caught changing in the hallways will be dealt with accordingly.

Athletes are not permitted to have food or drinks in the locker room or pool area.

In-school team motivation will not include food.

CONDUCT BEFORE AND DURING ATHLETIC EVENTS

The student-athlete must practice and play fairly, giving complete effort in all circumstances and credit in victory to teammates and to opponents in defeat.

The student-athlete must accept favorable and unfavorable decisions, as well as victory and defeat with equal grace.

The student-athlete will demonstrate respect for opponents and officials before, during and after contests.

The student-athlete will not question officials' calls or use inappropriate language.

Any student-athlete who is ejected from a contest WILL BE ineligible for the next scheduled contest. This is in accordance with MHSAA guidelines.

The student athlete will follow a dress code for all home and away games as established by the coach. This code is not to include jeans, t-shirts or anything inappropriate. Team sweats are acceptable.

NO PRACTICE WILL BEGIN WITHOUT A COACH PRESENT AT THE SITE.

When a student-athlete is dismissed early for competition, it is their responsibility to see their teacher and get any assignments or make up work.

IF TRANSPORTATION IS PROVIDED, all student-athletes must ride the provided transportation to away games.

IF ROUND-TRIP TRANSPORTATION IS PROVIDED, the athlete may leave after the game with their PARENTS ONLY if a signed yellow transportation form has been turned in to the athletic department.

WHEN TRANSPORTATION IS PROVIDED, deviation from this rule can only occur if parents write a note, in advance of the contest, to the associate principal requesting special permission for other means of transportation. The request signed by administration must be turned in to the athletic department 24 hours before the scheduled event.

IF ONE-WAY TRANSPORTATION IS PROVIDED, it is the responsibility of the parent to arrange for the athlete's return trip. No notes to the Athletic Office needed.

At away games it is the responsibility of all athletes to clean up the bench area, locker room, bus or vans.

After home games or practices, it is the responsibility of all athletes to leave the hallways, gym, locker room or pool areas clean.

If there are issues that the student-athlete and/or parents would like to address, please follow the Chain of Command. The Chain of Command is as follows: 1. Player communicates with Coach. 2. If not at Varsity level, player then goes to Varsity Coach. 3. If not resolved, Parents should communicate with Coach, then Varsity Coach if needed. 4. If still unresolved, Parents and/or Athlete should contact Athletic Director. Athletic Director will communicate with Administration if necessary.

COMPLETION OF SEASON

Upon completion of season, the student-athlete will return all uniforms, CLEANED, to their coach.

If a uniform is lost or damaged, the athlete will be required to reimburse the school for replacement costs.

The student-athlete may order a varsity jacket or sweater upon completion of their season if they are receiving a varsity letter. Special requests are handled through the Athletic Director's office. Anyone requesting special characters or sayings to be part of the decoration must have approval from the Athletic Director.

All student-athletes should take pride in wearing their Varsity jacket/sweater.

CoC

Parents/Athlete: Return this page only to your coach

Student-Athlete Name: _____

PARENT/GUARDIAN AND ATHLETE AGREEMENT FORM

Please return to Athletic Office.

ALL Athletes **must** have a current MHSAA Physical/consent form on record.
For 2010-11 School Year: dated after 4/15/2010 by physician's office.
For 2011-12 School Year: dated after 4/15/2011 by physician's office.
MHSAA Physical/consent Forms are available from the School, or at
<http://www.mhsmi.org/athletics/index.html>

I have received, read and understand the following:

- Athletic Code of Conduct
- Transportation Form
- Release of Liability Form
- Emergency Card

Parent/Guardian Signature

Athlete Signature

Date

We, the undersigned, have received, read and will comply with the Mercy Athletic Code of Conduct and all regulations contained within

Parent/Guardian Signature

Athlete Signature

Date

Parents/Athlete: Return this page only to your coach